

Our D-Now Weekend is coming up super fast! We're so excited that you've encouraged and allowed your child to participate. It's going to be an amazing time of fun, community, and meaningful spiritual growth. We have an incredible group of volunteers – adults, college students, and more – ready to lead out in what will most likely be a life-changing weekend for all involved!

As promised, here is the document that will help you know exactly what each student will be learning over the course of the weekend. For each small group session your child will participate in, I've included both an overview of the content, and some suggested takeaways you might could utilize to help make sure your teenager is applying these truths in his or her life.

If you have any questions, please don't hesitate to contact me if you feel the need.

Again, thank you for your support and for the amazing job you do of steering your child's spiritual growth.

In Christ,

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PARENT FOLLOW-UP GUIDE FOR PARENTS

The Pause Small Group Session 1

The first small group session was entitled, “**Hitting Pause**,” and focused on Mark 1:32-38 and Mark 6:45-47. The point of the lesson was that your child would understand that God wants to use his or her life to make a major impact on this world, but that this will never happen unless he or she learns to “hit pause.”

Next Steps . . .

As you go through the week, look for opportunities for your family to “hit pause.” This could be taking a few minutes to turn off the TV, turn down the music, and just spend some time praying together as a family.

- If this sounds foreign, it's probably a sign that you're like most families and are super-busy!
 - But, learning to hit pause to cultivate a relationship with God is something that will be most effectively taught through modeling. *It starts with you!*
- Help your child make a list of things that distract him or her from making time to hit pause (TV, movies, internet, etc.). Brainstorm ways that you might help your child minimize some of these distractions in order that he or she might make the time to consistently hit pause to seek God in prayer and Bible study.

The Pause Small Group Session 2

The second small group session was entitled, "**Talk the Talk**," and focused on Matthew 6: 9-13. The point of the session was twofold:

1. That your child would grasp the extreme importance of prayer in developing and maintaining a relationship with God,
2. And that he or she would learn *how* to pray to God.

Next Steps . . .

- Make the time to share with your child about your relationship with God, specifically the role that prayer plays.
 - It would be a good conversation for your family to have over a meal together.
 - Be open and let your child learn from your relationship with God.
 - Don't be afraid to talk about any questions you may have about prayer and your prayer relationship with God.
- Take some time to pray through the Lord's Prayer (Matthew 6:9-13) with your child.
 - Ask your child if he or she remembers how the prayer can be used as a model in our own communication with God.

The Pause Small Group Session 3

The third small group session entitled, "**Knowing the Bible**," explored Bible study as the heart of *The Pause* and focused on Psalm 119:97-104. The point of this session was to help students go deeper in their knowledge of God by applying the Bible study techniques learned in this session.

Next Steps . . .

- Take some time to study a passage of Scripture along with your child this week.
 - Allow him or her to teach you the two ways in which he or she learned to study the Bible.
- Share with your child some of your favorite passages of Scripture and how these verses have impacted you.
- Consider helping your child plan a specific time during their day to hit pause to seek God through prayer and Bible reading.

The Pause Small Group Session 4

The fourth small group session was entitled, "**Hitting Play**," and focused on 2 Corinthians 5: 17-20. The point of the session was to lead students to embrace their mission of being God's messengers of the reconciliation that Christ offers to all people.

Next Steps . . .

- Talk with your child about ways that he or she can be on mission with God in his or her world (school, sports teams, neighborhood, church, etc.).
- Share with your child a time that God used you in the life of someone around you to make a difference for Him.
- Pray that God will use your child as a missionary in the places where He is sending him or her this week.